



THE HARMONY
spa



Lounge space with private cabanas
35 feet indoor heated pool & jacuzzi
Finnish and infrared sauna
Aromatic steam bath
Hydro Rider aqua bicycles
Gym with cardio machines and free weights





AESTHETICAL FACIAL BY SKEYNDOR

ARIA SIGNATURE • 90 MIN

Regenerating, firming treatment for sensitive sagging skin that has lost its glow.
Thermal water concentrate rich in minerals, developed for sensitive skin.

POWER VITAMIN C ANTIOXIDANT SIGNATURE • 90 MIN

This vitamin C rich antioxidant is designed to repair and reverse the damage of sun and smog, comprehensively improving your skin and leaving it visibly younger.

FACIAL EXPERIENCES

90 minutes facial + 30 minutes head & scalp massage

LA DIVINA • 120 MIN

This structure repair treatment is designed to restore the facial fullness of youth, reactivating healthy cell function and nourishing your skin's cell with their most basic needs.

CORRECTIVE CELLULAR ANTI-AGING • 120 MIN

Our anti-aging facial specializes in bringing your skin back to a youthful glow. The hyaluronic concentrate is formulated to treat deep wrinkles and expression lines both quickly and effectively and contains both wrinkle reducers and fillers.

GENTELMAN'S CHOICE • 120 MIN

The Gentleman's choice is tailored specifically for man and their skin needs. The deep exfoliation gel with micro-crystals help to purify the skin followed by the rejuvenating moisturizer and facial mask that restores and balances your skin to its perfect harmony.



CLASSICAL LOVERS • CHOPIN, DEBUSSY, VIVALDI

Senses of Aria Massage
Thermal Spring Salt Body Scrub
Remineralizing Mud Body Wrap

JAZZ LOVERS • STAN GETZ, JIM HALL, PAT METHENY

Healing Harmony Massage
Floral Body Scrub
Detoxifying Green Tea Body Wrap

OPERA LOVERS • ANDREA BOCELLI, PLACIDO DOMINGO

Chakra Balancing Stone Massage
Spicy Indian Body Scrub
Invigorating Body Wrap

CONTEMPORARY LOVERS • OLAFUR ARNALDS, VANGELIS

Calm Mind Relaxation Massage
Orange Body Scrub



**WELCOME TO THE
HARMONY SPA,
A SYMPHONY OF
SERENITY AND
WELL-BEING!**

**WE INVITE YOU TO RELAX
AND DISCOVER OUR HAVEN
OF WELLNESS AND BEAUTY,
WITH AN ORCHESTRA
OF SENSORY EXPERIENCE.**

Enjoy our natural approach to beauty and well-being with exclusive body treatments and rituals. Benefit from high performance ingredients, Hungarian thermal water, natural herbs and vitamin extracts for exceptional results. Our dedicated team of professionals remains at your service for an unforgettable experience.

WELLNESS SIGNATURE TREATMENTS

CLASSICAL LOVERS • Debussy, Chopin, Vivaldi

SENSES OF ARIA MASSAGE	60 MIN	30 000
From pianissimo to fortissimo dynamic	90 MIN	40 000
THERMAL SPRING SALT BODY SCRUB	45 MIN	34 000
REMINERALIZING MUD BODY WRAP	90 MIN	42 000

JAZZ LOVERS • Pat Metheny, Stan Getz, Jim Hall

HEALING HARMONY MASSAGE	60 MIN	30 000
Mezzo-forte dynamic	90 MIN	40 000
FLORAL BODY SCRUB	45 MIN	34 000
DETOXIFYING GREEN TEA BODY WRAP	90 MIN	42 000

OPERA LOVERS • Andrea Bocelli, Plácido Domingo, Sarah Brightman

CHAKRA BALANCING STONE MASSAGE	60 MIN	30 000
Piano dynamic (relaxing pressure)	90 MIN	40 000
SPICY INDIAN BODY SCRUB	45 MIN	34 000
INVIGORATING BODY WRAP	90 MIN	42 000

CONTEMPORARY LOVERS • Vangelis, Café Del Mar, Olafur Arnalds

CALM MIND RELAXATION	60 MIN	30 000
Mezzo-forte dynamic	90 MIN	40 000
ORANGE CREAM BODY SCRUB	45 MIN	34 000

INTRODUCTORY OFFERS

DEEP TISSUE BACK MASSAGE	30 MIN	18 500
Fortissimo dynamic (deep pressure)		
REFRESHING BACK & HEAD MASSAGE	30 MIN	18 500
Piano dynamic (relaxing pressure)		
REFRESHING FOOT MASSAGE	30 MIN	18 500
Mezzo-forte dynamic (balancing pressure)		

AESTHETICAL FACIAL BY SKEYNDOR

ARIA SIGNATURE	90 MIN	45 000
POWER VITAMIN C ANTIOXIDANT	90 MIN	45 000
EYE EXPRESS TREATMENT	30 MIN	20 000
ARGAN FACE AND DÉCOLLETAGE MASSAGE	30 MIN	18 500

BEAUTY SERVICES

EYEBROW OR EYELASH TINT	6 000
EYEBROW & EYELASH TINT	10 500

NAIL CARE

HARMONY SPA MANICURE	18 000
HARMONY SPA PEDICURE	20 000
HARMONY SPA MANICURE & PEDICURE	35 000
GELLAC TREATMENT	18 000
NATURAL FINISH MANICURE	12 500
NATURAL FINISH PEDICURE	14 000
NATURAL FINISH MANICURE & PEDICURE	23 000
CHILDREN'S MANICURE OR PEDICURE	9 500

WAXING

FULL LEGS	10 500
HALF LEGS	6 000
ARMS	6 000
UNDERARMS	6 000
BIKINI	9 000
EYEBROW, LIP OR CHIN	4 500
BACK	10 500

HARMONY SPA EXPERIENCES

SKIN ADORATION WRAPS

ORGANIC REJUVENATING BODY WRAP 90 MIN 45 000

Leave with silky smooth skin, completely relaxed and rejuvenated.

- full-body exfoliation
 - nourishing body mask
 - massage with organic oil
- + 30 minute Moroccan oil head and scalp massage

HUNGARIAN RHAPSODY TREATMENT 90 MIN 60 000

This Thermal Water Treatment is inspired by the thermal springs that Hungary is so famous for.

- Széchenyi thermal water
 - Damask rose water
 - Wild flowers
- + 30 minute Moroccan oil head and scalp massage

PRIVATE CLASSES

	60 MIN	90 MIN
Aqua Fitness	23 000	29 000
Aqua Bicycles	23 000	29 000
Aquakontakt	30 000	35 000
Harmony Yoga	23 000	29 000
Personal Training and Physical Therapy	23 000	29 000

FACIAL EXPERIENCES

LA DIVINA 90 MIN 68 000

The first global face lift line to restore the youthful facial contours.
+ 30 minute refreshing back and head massage

CORRECTIVE CELLULAR ANTI-AGING 90 MIN 64 000

This facial treatment immediately fills wrinkles and expression lines.
+ 30 minute refreshing back and head massage

GENTLEMAN'S CHOICE 90 MIN 66 000

Designed for men, this treatment will leave you with clean, smooth and soft skin.
+ 30 minute refreshing back and head massage

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Become a friend of Harmony Spa! Enjoy discounted prices and other benefits by registering at **www.harmonyspabudapest.com**. Benefits cannot be combined with any other special offers, promotions and/or discounts. For further information and membership details please contact the Harmony Spa at **spa@ariahotelbudapest.com** or +36 1 445 4180.

ALL PRICES ARE QUOTED IN HUF AND ARE INCLUSIVE OF TAX.

HARMONY SPA HOURS: every day 7 am – 10 pm



ALL FACIAL, MASSAGE & BODY TREATMENTS INCLUDE COMPLIMENTARY ACCESS
TO THE HARMONY SPA FOR OUTSIDE CLIENTS.



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